

## Emergency Resources

### Emergency Numbers

9-1-1

National Suicide Prevention Lifeline 1-800-273-TALK (8255)

Austin Travis County Mental Health Emergency & MCOT Mobile Crisis Outreach Team 512-472-HELP (4357)

Psychiatric Emergency Services (PES) & 24 Hr. Hotline  
1165 Airport Blvd. / Richard E. Hopkins Behavioral Health Bld.  
512-472-HELP (4357)

Austin Oaks (ages 4 up)  
1407 W. Stassney Lane  
512-440-4800

Dell Children's Medical Center Behavioral Health Unit (ages 6-17)  
4900 Mueller Blvd  
512-324-0029

Cross Creek Hospital (ages 12 up)  
8402 Cross Park D  
512-215-3900

#### *“Options to Assist Parent if Needed”*

##### Community Mental Health Agency Options

Lifeworks (North, South, Central Locations)	512-735-2100
ACGC Austin Child Guidance Center (810 W. 45 <sup>th</sup> N. Central Location)	512-451-2242
ATCIC Austin Travis County Integral Care (North, Central, SE Locations)	512-472-HELP (4357)
Capital Area Counseling (2824 Real St., E. Central Location)	512-302-1000
Community Care Health Center (15 Austin Locations)	512-978-9015
Carousel Pediatrics (4 locations)	512-744-6000
Lone Star Circle of Care (South & NW Locations)	1-877-800-5722
Jewish Family Service (11940 Jollyville Rd. #110)	512-250-1043
SafeAlliance (formerly SafePlace / call for appointment & location)	512-267-7233
Seton Shoal Creek Admissions & Out Patient Behavioral Health (17& above)	512-324-2029

## Notificación de emergencia a los padres de familia del Distrito Escolar Independiente de Austin

Números de emergencia Evaluaciones de Suicidio / 911

Austin Travis County Equipo de alcance de crisis Móvil de Emergencias de Salud Mental 512-472- HELP (4357)

Servicios para Emergencias Psiquiátricas (PES)  
1165 Airport Blvd. (nueva ubicación)  
(512) 472-4357

Austin Oaks Hospital (de 4 años en adelante)  
1407 Stassney Ave., 78745  
(512)440-4800

Dell para niños Centro Médico Salud Conductual (edades 6-17)  
4900 Mueller Blvd.  
(512) 324-0029

Cross Creek Hospital (de 12 años en adelante)  
8402 Cross Park Dr.  
(512) 215-3900

OPCIONES DE AYUDA PARA PADRES DE FAMILIA EN CASO DE NECESIDAD”

#### Agencia de salud mental

1. Nombre: \_\_\_\_\_ Teléfono: \_\_\_\_\_

2. Nombre: \_\_\_\_\_ Teléfono: \_\_\_\_\_

Lifeworks: vivienda temporal para jóvenes y consejería (ubicaciones centro, norte y sur)	512-735-2100
ACGC Austin Child Guidance Center: consejería para niños de Austin (ubicación central 810 W. 45 <sup>th</sup> N.)	512-451-2242
ATCIC Austin Travis County Integral Care: consultas, educación consejería (ubicaciones centro, norte y sureste)	512-472-HELP (4357)
Capital Area Counseling: servicios de consejería (ubicación central 2824 Real St., E.)	512-302-1000
Community Care Health Center: atención médica (15 diferentes ubicaciones en Austin)	512-978-9015
Carousel Pediatrics: atención médica pediátrica (4 diferentes ubicaciones)	512-744-6000
Lone Star Circle of Care: atención médica (ubicaciones en el sur y noroeste)	1-877-800-5722
Jewish Family Service: servicios para la familia (11940 Jollyville Rd. #110)	512-250-1043
Safe Alliance: atención a víctimas de violencia doméstica (llame para hacer cita y conocer la ubicación)	512-267-7233
Seton Shoal Creek Admissions & Out Patient Behavioral Health: atención psiquiátrica (edades 17+)	512-324-2029

## COMMUNITY MENTAL HEALTH AGENCY OPTIONS

### **LIFEWORKS ADULT & YOUTH COUNSELING**

**512-735-2100**

[www.lifeworksaustin.org](http://www.lifeworksaustin.org)

Counseling offered in **English and Spanish** in the area of depression, anxiety, abuse and family conflict, drug addiction.

Sliding scale ranging from \$25 - \$125 per session. Accepts Medicaid and Medicare.

**3 Locations: South** 3700 S. 1<sup>st</sup> 78704

**North** 8913 Collin field Dr. 78758

**East** 835 N. Pleasant Valley Rd. 7870

### **ACGC AUSTIN CHILD GUIDANCE CENTER**

**512-451-2242**

**810 W. 45<sup>th</sup>**

[www.austinchildguidancecenter.org](http://www.austinchildguidancecenter.org)

Provides mental health evaluation and counseling services in both **English and Spanish** to youth age 17 and younger who are experiencing emotional behavioral or social problems. Walk-In counseling available on Fridays' 2 – 4pm. First come first serve basis.

Accept most insurances plans, Medicaid and sliding scale.

### **ATCIC Austin Travis Count Integral Care.**

**512-472-4357**

[www.integralcare.org](http://www.integralcare.org)

Variety of comprehensive mental health and behavioral services to children & youth from ages 1-17 offered in

**English and Spanish.** Accept STAR, CHIP and Medicaid.

**Locations: North:** 825 Runberg Lane 78753 = Take Capital Metro Transit Bus Route 10

**Central:** 1631 E. 2<sup>nd</sup> St. 78702 = Take Capital Metro

Transit Bus Route 17

**South:** Dove Springs Integrated Care Clinic 5015 S. IH-35 Suite 200 = Take Capital Metro Bus Route 7

### **CAPITAL AREA COUNSELING**

**512-302-1000**

[www.cacaustin.org](http://www.cacaustin.org)

**2824 Real Street, 78722**

Low –cost, long term psychotherapy with no session limit. Counseling for adolescents, children, and families, not in immediate crisis.

Counseling offered in **English and Spanish.** Group therapy also provided. Fees are income based and range from \$10 – \$50 per session.

Appointments are available 7 days a week

### **COMMUNITY CARE HEALTH CENTER**

**512-978-9015**

[www.communitycaretx.org](http://www.communitycaretx.org)

**15 Austin locations**

Accept CHIP, Medicaid and most insurance plans and sliding scale.

Offers an integrated behavioral health program. E-Merge is a collaborative program between CommUnityCare and Austin Travis County Integral Care.

The E-Merge program brings behavioral health care services into the primary health care clinics. The goal of the program is to help patients achieve both improved physical and mental health by addressing these needs together.

Counseling offered in **English & Spanish.**

### **LONE STAR CIRCLE OF CARE**

**1-877-800-5722**

[www.lscctx.org](http://www.lscctx.org)

**1221 W. Ben White, B 200 78704**

**1111 Research Blvd. 310 78759 + 3 other Austin locations. Call for assistance**

Accepts CHIP, Medicaid, and Uninsured as well as insured. Offers sliding scale.

Provides therapy in all areas in both **English and Spanish.** Under LSCC's integrated behavioral health model, medical and mental health providers collaborate to address the complete and frequently overlapping needs of the patient.

### **JEWISH FAMILY SERVICES**

**512-250-1043**

[www.shalomaustin.org](http://www.shalomaustin.org)

**7300 Hart Lane 78731**

Counseling, support groups, psychotherapy, case management and parenting seminars are offered to the Jewish community and wider Austin Community. Accepts most insurance plans and sliding scale.

### **SAFEALLIANCE (formerly SafePlace)**

**512-267-7233**

**Call for appointment or location.**

[www.safeplace.org](http://www.safeplace.org)

Provides crisis intervention, prevention and counseling support to children and adult survivors of sexual and domestic violence.

Support offered in **English & Spanish.**

### **CAROUSEL PEDIATRICS**

**512-744-6000**

**4 Locations:** N. Lamar Springdale Riverside Southbrook

[www.carouselhealth.com](http://www.carouselhealth.com)

Provides behavioral health care for both child and their family. Psychiatric, services, Medicine checks and ADHD assessments.

Accepts Medicaid and most insurance plans.

Counseling offered in **English & Spanish.**

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